

Ainsley Hebert Receives Award of Excellence

Congratulations to Ainsley Hebert, a Mental Health Clinician in The Pas who was recently awarded a Psychiatric Nursing Practice (Clinical) Award of Excellence.

Ainsley, who has been practicing 35 years as a Registered Psychiatric Nurse (RPN) in many settings, has been working in the Northern Health Region in The Pas since 1986. The award was presented at the Registered Psychiatric Nurses Annual General Meeting in Winnipeg on May 15th.

The Awards of Excellence in Psychiatric Nursing are presented annually to Registered Psychiatric Nurses (RPN) in Manitoba to acknowledge contributions of RPNs to their profession.

Her colleague, Patrick Moseley-Williams, nominated Ainsley,

stating that she has always been a dedicated mentor and provided a great deal of guidance to her younger colleagues. He commended her commitment to her profession and her leadership at the clinical level. He stated, "Her clinical work with families in the area of Trauma will be her legacy. Families will always remember the care she provided during so much turmoil."

Another colleague, Marianne Curran stated, "Her commitment to continued learning and research based practice has been of benefit to all. Psychiatric nursing in the North is difficult at best. There are very few RPN's and very little respect for or understanding of the work we do."

"Resources are limited and services are strained due to the demands of our communities.



Ainsley Hebert

Ainsley has always met the challenge, used what limited resources were available and advocated for her clients, and challenges the epidemic of stigma which continues to pervade," she added.

MAHCP would like to congratulate Ainsley on this well-deserved honour!