

MAHCP Career Profile

Recreation Coordinator/ Facilitator

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Job Description

A Recreation Coordinator/Facilitator assesses the leisure needs of patient/resident on assigned unit and documents results for use by the interdisciplinary team. Establishes and reviews treatment goals and objectives collaboratively with the patient/resident. Plans, organizes, implements and evaluates therapeutic recreation/activity programs. The Recreation Coordinator/Facilitator provides recreation services to specific group of residents/patients to promote health and personal growth through leisure and recreation experiences, which contribute to the maintenance of physical, social, emotional and mental well-being. The Recreation Coordinator/Facilitator will provide leisure activities to enhance and promote lifelong recreation skills and attitudes. Therapeutic Recreation services are provided through group and/or individual interventions. They may include: group activities on and off units (eg social, horticulture, art, leisure, exercise, discussion, cooking) leisure counseling, leisure education, community awareness outings, physical activity, evening programs (eg movie night, bingo and entertainment) pet visitation, cognitive stimulation, and community support.

Employment and Outlook

The Winnipeg Regional Health Authority offers diverse employment opportunities for Therapeutic Recreation Practitioners in a variety of settings that include:

- Personal care home
- Long term care facilities



Clayton Carriere and Vi Stoesz, HSC

- Hospitals
- Acute care medicine
- Mental health
- Rehabilitation
- Geriatric medicine
- Acute psychiatry
- Community outreach

Over the last ten years the occupation has grown. As the population grows older there will be a continuous need for Recreation Practitioners.

Working Conditions

- There are full-time, part-time shifts, day shifts, evening shifts and weekend shifts.
- For the most part we work indoors except when we are on community outings.
- Depending on the area where you are working and the program you are doing, it can be noisy and sometimes we are the ones making the noise.
- May be required to work extended hours.
- May involve exposure to disease, radiation, toxic materials, noise, allergens.
- May encounter aggressive and/or agitated patients/residents/staff/visitors.

Physical Demands

- Performs all duties in accordance with established health and safety

regulations/guidelines, policies and procedures (eg utilizing personal, protective equipment as per safe work procedures).

- Assists patients/residents who need help with ambulation or with wheelchair for recreational programs.
- Responsible for the safety of patients/residents and volunteers at all times, ensuring that adequate assistance is available for patient/resident groups and outings.
- Ability to communicate effectively – verbally, person to person, by telephone and in writing.
- Develops and maintains effective oral and written lines of communication with Managers, colleagues/co-workers, volunteer services, facility and community resources personnel.
- Communicates on patient/resident assessment and outcomes at inter-disciplinary team meetings and in health record in accordance with protocols.

Education and Training

- Recreation Practitioners are required to have a Certificate, Diploma or Degree from an accredited Recreation Program. Specific level of education is dependent upon the employer.
- 1-2 years recent experience working with individuals/groups in a health care environment.
- Demonstrates knowledge and support of the vision, values, goals and objectives of the Winnipeg Regional Health Authority and the facility in which they seek employment.
- Participates in committee work and activities within the discipline and program.
- Attends scheduled in-service programs and professional development opportunities (ie seminars, lectures, films, workshops, etc.).

Licensing

Therapeutic Recreation is provided by professionals who are trained, certified, or have a degree to provide therapeutic recreation. Although it is not required, it is recommended that you belong to the Manitoba Therapeutic Recreation Association.