

COURSE ACCREDITATION

Health Sciences Centre

- Pursued on the basis of interest
University registration is not required
- Contact Spiritual Health Services for current fee

The University of Winnipeg

- Students wishing to take any of the courses for academic credit at the graduate level
- Contact The United Centre for Theological Studies for current tuition information

Transfer of Credit

- If you are registered at another university, please contact them for further information

Bursaries

- May be available upon acceptance to courses.
Contact the university for more information.

PLEASE NOTE

- Neither certification nor titles are granted at the end of the Spiritual Diversity Courses or Program

FOR MORE INFORMATION

Spiritual Health Services

Health Sciences Centre, Winnipeg
204-787-3884
or

The United Centre for Theological Studies

at The University of Winnipeg
204-786-9857

Spiritual Diversity Program

A unique inter-professional
learning opportunity
exploring
meaning, presence, and identity
in the health care setting
through the following courses:

Hope and Healing
Supervised Practicum
Contemplative Presence
Care in Trauma

SPIRITUAL HEALTH CARE

In a multi-cultural, multi-faith society such as ours, we do not all experience loss, illness, suffering or death in the same way. Spiritual health care respects and values the uniqueness of each patient and their perspective that is reflected through their culture, experience, and tradition.

SPIRITUAL DIVERSITY PROGRAM

The Spiritual Diversity Program offers students from a variety of backgrounds and interests an opportunity to create an intentional learning community in which to explore spiritual health in a health care setting. Over the years, participants have included students (theology, social work, peace and conflict studies), health-care professionals (social work, nursing), other professionals (teachers, guidance counselors, lawyer, film maker), and interested spiritual seekers.

COURSE OUTCOMES

Each course follows a unique focus, with specific goals and learning objectives. In general, the course outcomes for all four courses include:

- Awareness of individual inner resources related to suffering, hope, healing, and meaning
- Openness to and awareness of diversity in the health care setting
- Development of specific skills to journey with patients and family in hospital
- Deepened understanding of self as a healing presence

HOPE AND HEALING

Hope and Healing invites students to explore the fundamentals of spiritual health through classroom sessions and in their own life journey. Speakers from various perspectives provide additional teachings and awareness. This course provides foundational elements for the provision of spiritual care in a hospital setting.

SUPERVISED PRACTICUM

Supervised Practicum provides students interested in gaining practical experience an opportunity to provide spiritual care to patients. The practicum involves some classroom time, as well as intentional supervision of students. Students and facilitators create student-specific learning goals and monitor their progression over the course of the practicum.

CONTEMPLATIVE PRESENCE

An approach to patient care through a different lens that focuses on mindfulness and contemplation. Students will engage in the practice of meditation as an effective approach to patient care, and explore various paths of contemplation. Practicum hours are built into this course.

CARE IN TRAUMA

Students will have the opportunity to experience providing spiritual care in the trauma setting. Working alongside Spiritual Health Practitioners, students will gain awareness of the nuances and perspectives trauma situations provide. Practicum hours are built into this course.

- All courses are stand-alone . Please talk to Spiritual Health Services for more information.