

## MEMO

**Date:** May 29, 2025  
**To:** NRHA-Group-All-Everyone  
**Cc:** Darren Baker, SH Emergency Response Services  
Alli Breddam, SH Diagnostics  
Tami Chapin, SH Digital Shared Services  
**From:** Raj Sewda, CEO  
**Phone:** 204-687-3010  
**Email:** [rsewda@nrha.ca](mailto:rsewda@nrha.ca)

**Subject:** Update to Northern Health Region Evacuated Employees

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**Dear Northern Health Region's Evacuated Employees,**

In consideration of the evacuations that have occurred within the Northern Health Region due to wildfires, we are issuing this communication to our employees.

The safety and well-being of our patients and healthcare teams remains our highest priority.

Only personnel authorized by the employer are permitted to remain in the evacuated areas to provide NHRA essential services. If you are not designated as NHRA essential personnel, you are strongly encouraged to adhere to this Evacuation Order.

**If you have been impacted by the evacuation, you are required to call: 1-844-306-0040 by 2:00 p.m. May 30, 2025** to discuss your individual plans and options available to you.

When calling, follow the prompts as below:

- Option 1: Home Care
- Option 2: Clinical (Flin Flon & The Pas)
- Option 3: Clinical (Thompson)
- Option 4: MAP

If leaving a message, clearly state your first and last name, classification and department and current contact number you can be reached at. Your call will be prioritized, and we will return your call.

Evacuated employees who have questions about other available supports available to them are encouraged to connect with Emergency Measures Organization at **1-800-863-6582**. **The QR code is below to register.**



If you were evacuated from a municipality in Manitoba



Scan here to register!

We sincerely thank all staff who are working diligently to provide care and support throughout the wildfire situation. Your dedication and teamwork do not go unnoticed. Please continue to look out for one another and prioritize your own safety - your well-being is just as important as the care you provide.

**ADDITIONAL SUPPORTS AND INFORMATION:**

City of Flin Flon updates: [cityofflinflon.ca/p/wildfire-season-2025](http://cityofflinflon.ca/p/wildfire-season-2025)

Manitoba Government wildfire updates: [www.gov.mb.ca/wildfire/index.html](http://www.gov.mb.ca/wildfire/index.html)

Shared Health updates for patients, residents: [Wildfire Updates – Shared Health](#).

Support for patients, clients, and loved ones:

- **Patient and Family Information in Flin Flon and area** – (204)-271-3542
- **Cognitive Behavioural Therapy with Mindfulness (CBTm) for the public** – (204) 944-7075 or [cbtm.ca](http://cbtm.ca)
- **Crisis Response Centre** – 817 Bannatyne Avenue (Adults 18+). Open 24/7; walk-ins welcome.
- **Crisis Response Centre Crisis Line** – 204-940-1781
- **Youth Mental Health Central Intake** – 204-958-9660 (fax: 204-958-9626)
- [Mental Health Resource Finder](#)

Mental health and wellness resources for employees:

- **Provincial Wellbeing Hub** – Provides one-on-one support for individual staff or group debriefing and help connect you to appropriate resources during challenging times. Call 204-926-9040 or toll-free 1-844-820-2010; hours: 7 a.m. and 7 p.m. daily.
- **Manitoba Blue Cross Employee Assistance Program (EAP)** – Available 24/7. Call 1-800-590-5553 or email [workplacewellbeing@mb.bluecross.ca](mailto:workplacewellbeing@mb.bluecross.ca).
- **Cognitive Behaviour Therapy with Mindfulness (CBTm)** – Self-guided or facilitator-led program for healthcare staff and first responders. Call 204-944-7075 or visit [cbtm.ca](http://cbtm.ca).