

**WINNIPEG REGIONAL HEALTH AUTHORITY
POSITION DESCRIPTION (Non-Management)**

DATE: April 19, 2017

POSITION TITLE: Mental Health Promotion Facilitator
(Previously CHSS))

JOB CODE: 30002099

DEPARTMENT: Mental Health Promotion

UNION: MAHCP

SUPERVISOR'S TITLE: Manager, Centralized Comm H S

SUPERVISORY RESPONSIBILITIES: N/A

EDUCATION:

BSW, OT, PT, BSc PN, RPN, BN, RN, SLP, RD, or related health/human service degree required.

SPECIAL TRAINING:

- Proficient in computer software (Word, Power Point, Excel, Access, Outlook).

EXPERIENCE:

- Minimum of four years' experience in mental health, mental health promotion (may include clinical mental health, community development, program development, and health promotion).
- Knowledge and experience in design and implementation of mental health promotion and population mental health interventions.
- Knowledge and experience in maternal and child health.
- Demonstrated knowledge and understanding of how the determinants of health influence the health and well-being of the population.
- Excellent written and verbal communication skills for individual, small and large group interactions both within health region and community partners.
- Evidence of knowledge and experience in the principles of adult education.
- Experience in developing and delivering adult education and staff training.
- Experience in working effectively with a diverse range of groups including professional groups, workplaces, and community-based organizations.
- Knowledge of cultural safety and cross-cultural issues.
- Demonstrated ability to develop and facilitate partnerships for program development and delivery.

- Knowledge in program development, implementation and evaluation an asset.
- Ability to manage multiple projects and assignments.
- Ability to work independently and with minimal supervision.
- Excellent communication, organizational and team skills essential.

OTHER:

- Must be able to physically access and work in a variety of community environments.

LICENCES, REGISTRATIONS:

- Responsible for maintaining and providing proof of active registration with the appropriate registering body.
- Valid Manitoba Driver's license and vehicle required.
- If successful applicant is a Registered Dietitian, must be a graduate of a recognized dietetic internship program accredited by Dietitians of Canada.

MAIN FUNCTION:

The Mental Health Promotion program is a fundamental component of the Regional Mental Health Program within the WRHA. The Mental Health Promotion program works collaboratively with other WRHA programs areas, and community agencies, school divisions, post-secondary institutions, social services, health services, and other partners, to promote and protect the mental health and well-being of the population across the lifespan.

Under the supervision of the Program Manager, the Mental Health Promotion Facilitator supports the implementation of the Towards Flourishing (TF) strategy within the Public Health program. The TF strategy aims to improve the mental health and decrease mental illness/distress of parents and their children, b) strengthens the public health workforce capacity to address mental health promotion and supports collaboration between Mental Health and Public Health systems, and 3) creates and sustains mechanisms for effective mental health promotion interventions in community settings.

The Mental Health Promotion Facilitator supports multiple public health teams working within designated community areas.

POSITION DUTIES AND RESPONSIBILITIES:

- Supports the implementation of the Towards Flourishing strategy within WRHA community areas.
- Supports the mental health screening process of parents by PH staff through training and mentoring.
- Completes screening summaries as per Towards Flourishing protocols.
- Provides consultation to public health staff regarding the mental health needs of families they serve.

- Assists public health team (PHN and FFHV) to identify and respond to the mental health needs of families including responding to distress and enhancing psychological, social and emotional well-being.
- Supports effective referrals and service navigation for families served by PH team.
- Liaises with mental health service providers and supports linkages and referral for individuals needing therapeutic intervention.
- Supports the tracking and documentation of Towards Flourishing activities including supporting the program evaluation.
- Develops, coordinates and conducts training sessions for Public Health staff on specific MHP strategies and interventions to support continuous capacity building to respond to the needs of women and families.
- Develops resource materials and supplementary learning activities that address mental health needs of families being served by the Public Health Team
- Participates as an active member of the Towards Flourishing provincial team; attend meetings, share information.
- Establishes and supports cross program collaborations (Public Health, Mental Health, Women's Health, Primary Care, Child Health) and community agency collaborations.
- Participates as an active and collaborative team member within Community Mental Health Teams in ACCESS Centres where they exist, by providing a mental health promotion perspective, linking to mental health promotion resources and building capacity for mental health promotion in the community.
- Builds effective relationships with public health and mental health staff .
- Facilitates opportunities to integrate mental health promotion /mental illness prevention interventions into existing programs and services (e.g. Breastfeeding Clinics, Healthy Baby Sites, Families First, Primary Care providers).
- Supports and assists in the assessment and information gathering processes to identify the mental health and well-being needs of the community.
- Compiles and maintains a list of resources, services and programs related to mental health promotion.
- Develops and disseminates evidence informed mental health promotion resources.
- Facilitates and delivers presentations and workshops to a variety of audiences.
- Assists in the development of evaluation processes of existing services and new initiatives related to prevention and promotion.
- Assists community organizations (e.g. school divisions, schools, newcomer agencies, family resource centres, early childhood organizations), to build capacity for addressing mental health promotion and prevention initiatives.
- Participates as an active member of the Mental Health Promotion program team