

**WINNIPEG REGIONAL HEALTH AUTHORITY  
SUPERVISORY/MANAGERIAL  
POSITION DESCRIPTION**

**DATE:** July 20, 2017

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**POSITION TITLE:** Shared Care Mental Health Counsellor      **JOB CODE:** 30000206

**PROGRAM/DEPARTMENT:** Shared Care      **UNION:** MAHCP

**LOCATION:** Various Community Areas

**REPORTS TO:** Community Area Director (Team Manager) And/Or Director - Community Mental Health Services (Mental Health Clinical Therapy Specialist)

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**EDUCATION:**

- Baccalaureate Degree in a relevant health or social science field required.
- Clinical Masters counselling degree preferred; an equivalent postgraduate degree in a related field will be considered.
- An equivalent combination of education and experience may be considered.

**SPECIAL TRAINING:**

- Comprehensive knowledge and advanced level of practice in clinical assessment and treatment models including individual, couple, family and group therapy interventions.

**EXPERIENCE:**

- Minimum of 5 years mental health clinical counselling experience.

**OTHER:**

- Excellent interpersonal and communication skills
- Demonstrated ability to problem-solve complex situations and manage sensitive issues.
- Comprehensive knowledge and skill in a range of intervention modalities, including brief solution focused therapy, Cognitive Behavioral Therapy, Motivational Interviewing.
- Crisis intervention and bereavement skills.
- Knowledge of primary care principles.
- Collaborative guiding principles in order to work within a Primary Care setting as a member of an interdisciplinary team.
- Demonstrated skills working with diverse populations and presenting issues.

- Advocate for and educate others on the Shared Care philosophy and program mandate.
- Knowledge of and ability to work within the mental health recovery model.
- Skilled at working with people with co-occurring mental health disorders.
- Proficiency on Microsoft Word; electronic charting experience preferred .
- Child Abuse Registry.
- Criminal Record Check.
- Immunization, Tuberculin testing as per Winnipeg Regional Health Authority (WRHA) policy.
- Adheres to all safety and health regulations and safe work practices.
- May be required to perform other duties and functions related to this job description not exceeding above stated skills and capabilities.

#### **PHYSICAL DEMANDS AND WORKING CONDITIONS:**

- Ability to travel to meetings at various locations.
- Flexible scheduling is required to balance client needs, group work, and consultation schedules.

#### **LICENCES, DEGREES, REGISTRATIONS:**

- Responsible for maintaining and providing proof of active registration with the appropriate registering body.
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#### **Overview of Community Mental Health Program:**

“Our Vision is Healthy People, Vibrant Communities, Equitable Care for All”. To bring this vision to reality the WRHA Adult Mental Health Program provides an integrated and comprehensive range of mental health services and supports primarily for adult residents of Winnipeg across the healthcare continuum that support and promote recovery. The Program endeavours to ensure access to the right combination of services, treatments and supports across the lifespan, providing seamless transitions from intensive to less intensive services. Through collaboration and partnership across various health, social service and community sectors the program strives to promote mental health and well-being for all, to reduce inequities and the impact of mental health problems and to work towards sustainability of mentally healthy individuals and communities.

#### **MAIN FUNCTION:**

The Community Mental Health Program provides a range of services and supports to individuals within the Winnipeg Regional Health Authority. In addition to crisis response services, case management services, treatment, rehabilitation and support services the program has implemented a shared mental health care service - a collaborative mental health clinical therapy service within a Primary Care setting.

Working within an integrated team approach, the Shared Care Counsellor will contribute to the overall improved health status of patients within a Primary Care Clinic through the provision of mental health clinical counselling interventions. Services are provided across the lifespan; within a framework of advanced clinical practice, including consultation, assessment and therapeutic interventions. The counsellor will work collaboratively and interactively with the Family Physician or Nurse Practitioner and the consulting psychiatrist,

functioning as clinician, service coordinator and liaison with other sectors within the healthcare system as required. The counsellor will be required to function as an autonomous mental health practitioner within the Primary Care Team setting.

### **MAJOR RESPONSIBILITIES:**

1. Clinical Practice
2. Consultation
3. Program Planning, Analysis and Education
4. Education Teaching and Learning
5. Research

### **CLINICAL PRACTICE:**

- provides individual, marital and group counselling services.
- accepts, prioritizes and coordinates referrals.
- provides consultation to Family Physicians and their patients/clients regarding mental health issues including crisis intervention, information, referrals, and long term care needs.
- facilitates a range of psycho-educational, and/or therapeutic group programs.
- conducts mental health or high-risk assessments.
- liaises and consults with external resources.
- follows standard protocols for emergency treatment.
- facilitates ongoing communication regarding service plans and progress of plans to the client, the primary care team, and other members involved.
- provides follow up of ongoing care in accordance with treatment plans.
- maintains documentation as per program standards.
- attends staff meetings and professional development as required.

### **CLINICAL CONSULTATION:**

- demonstrates clinical competency in a variety of therapeutic treatment modalities.
- develops innovative approaches for complex practice issues.

- consults with and works in collaboration with other Shared Care counsellors, psychiatrists, family physicians.
- actively participates in peer consultation and self-development activities.
- seeks consultation/supervision in accordance with program standards.

#### **PROGRAM PLANNING, ANALYSIS AND EVALUATION:**

- participates in strategic and program planning.
- participates in the evaluation of program planning and policy decisions.
- provides data and prepare reports.
- participates in regular staff and program evaluations.

#### **EDUCATION, TEACHING AND LEARNING:**

- collaborates, coordinates and/or participates in the development and presentation of educational programs and conferences.
- collaborates to develop and deliver educational material to the public.

#### **RESEARCH:**

- promotes a climate of clinical inquiry.
- critically reviews current literature and research articles, communicates and applies clinically significant findings.
- participates in the initiation and coordination of research projects.
- collaborates with and develops working partnerships with other disciplines/programs in research related activities.
- initiates and participates in clinical research and assists client care teams with the integration of findings.