



JOB DESCRIPTION

POSITION TITLE: **MENTAL HEALTH CLINICIAN**

AREA: **COMMUNITY CHILD & ADOLESCENT TREATMENT SERVICE**

CLASSIFICATION CODE: **C306 30004273**
Union: **MAHCP**

SUPERVISOR: **PROGRAM MANAGER / DIRECTOR**

DATE OF DESCRIPTION: **DECEMBER 2003**
Revised Date: **January 15, 2015**

EDUCATION: Professional qualifications with a degree in one of the following disciplines will be required: Graduate from an approved program in Psychiatric Nursing or Nursing (BSc.P.N., B.Sc.M.H. or B.Sc.N. preferred), Medical Rehab (BMR, MOT), Counselling (M.A. Psych or M.Ed Psych), Master's of Marriage and Family Therapy or Social Work (MSW). Should a licensing body regulate the incumbent's profession, current registration or eligibility for registration with the licensing body is required.

SPECIAL TRAINING/SKILL: Skill/training in several of the following areas: clinical assessment; individual therapy, family therapy, group therapy, play therapy, systems intervention. Knowledge of child and adolescent development, stages of family development, systems theory, and the biopsychosocial model to mental health. Knowledge of models of community based mental health service delivery.

EXPERIENCE: Three to five years experience working with children, adolescents, adults and families. Equivalent combinations of education and experience may be considered.

POSITION DESCRIPTION SUMMARY

The Mental Health Clinician is responsible for the delivery of direct client service including the following: assessment, implementation and evaluation of clinical services to clients/families; clinical case management; establishment of effective working relationships with clients, families, supervisors, colleagues, and other agencies. These functions are undertaken in accordance

with the Manitoba Adolescent Treatment Centre's Mission Statement, organizational policies and procedures, Standards of Practice and Code of Ethics as outlined by the incumbent's professional licensing body.

COMMUNITY CHILD AND ADOLESCENT TREATMENT SERVICE

The Community Child and Adolescent Treatment Services offers community-based mental health services to children, adolescents and their families. In addition to the treatment modalities mentioned above therapy services include the following: screening/assessment; critical incident intervention; acute treatment and consultation; systems consultation and community education. These services are provided through a range of human service disciplines. Service is determined according to the needs of the client and family. The setting and duration of treatment will also vary according to client/family need. Easy access to service is promoted via flexible work schedules. At times service may be provided through partnership with other community agencies.

DUTIES AND RESPONSIBILITIES

ASSESSMENT AND TREATMENT PLANNING

- 1.1 Refines assessment and problem statement provided by intake process.
- 1.2 Initial and ongoing monitoring of client mental status, ensuring psychiatric consultation as required.
- 1.3 Identifies priorities, gathers and integrates appropriate collateral information.
- 1.4 Negotiates a clear and focused treatment plan with client and family.

TREATMENT PLAN IMPLEMENTATION AND EVALUATION

- 2.1 Develop therapeutic relationship with client/family.
- 2.2 Establishes an effective working relationship with clients, families and community agencies.
- 2.3 Treatment plan is regularly reviewed and revised in collaboration with client and family.
- 2.4 Advises collaterals and referral sources about significant treatment issues and progress.
- 2.5 Completes written documentation on charts, correspondence and reports.
- 2.6 Whenever possible, ensure proper closure to treatment.

PARTICIPATION IN CLINICAL SUPERVISION/TEAM FUNCTIONING

- 3.1 Participates with clinical supervisor and other team members to review and problem-solve clinical issues.
- 3.2 Provides information to team in areas of interdisciplinary expertise, experience and knowledge.
- 3.3 Participates in staff meetings/planning days and other routines or activities that enhance the work environment.
- 3.4 Assists in the development of evaluative tools to measure program effectiveness and gathers data as necessary.

EDUCATION/TRAINING/ADMINISTRATIVE DUTIES

- 4.1 Maintains clinical competency through participation in professional development opportunities.
- 4.2 Attends required staff training as available or assigned.
- 4.3 Provides clinical supervision of students as part of practicum placement upon request.
- 4.4 Follows all safety policies and procedures. Employs principles of crisis intervention when identifying, defining and evaluating severity of situation and intervenes according to training.
- 4.5 Collects and records pertinent statistical data of a personal nature e.g. time sheets.

COMMUNITY LIASON SERVICES

- 5.1 Participates as assigned in relevant cooperative partnerships with other community organizations and groups.
- 5.2 Abides by MATC Policies and Practices when involved in community partnerships.
- 5.3 Participates, when assigned, in the definition of a community partnership.
- 5.4 Participates, with Program Manager and relevant individuals from the community partnership, in evaluation and review of the goals of the assignment.
- 5.5 Communicates ideas for appropriate partnerships to Program Manager.
- 5.6 Participates in organizational development (Committee representation)

Performs other related duties as assigned, not exceeding skills and abilities.